WEEKLY HUDDEL

CATEGORY	HABIT	M	T	W	R	F	S	S	TOP PRIORITIES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

THE Huddel

How to use your *Weekly Huddel.*

Fill it out Sunday night or Monday morning. It takes about ten minutes, once a week. Print a fresh one every week and keep it where you'll see it. A lot of people like digital planners. For me, there's nothing more satisfying than crossing something off by hand.

1 CATEGORY

The places you want to improve. **Health, wealth, family, faith,** a business that needs focus, or a skill to build. One per line.

2 HABIT

One small daily action for each category. Small enough to do on a bad day: **lift 30 minutes, read 10 pages, call one seller.**

3 M T W R F S S

Check the box each day you do the habit. You're after a full row over time, not a perfect week.

4 TOP PRIORITIES

The three things that would make this week a win. If nothing else gets done, **these do.**

5 MONDAY TO FRIDAY

Each day's to-dos and appointments. Check the box in the corner when the day is done.

6 NOTES AND THE WEEKEND

The big box is free space: ideas, numbers, meeting notes. Saturday and Sunday are for family plans, rest and getting ready for next week.

A WEEK, FILLED IN

Health	Lift 30 minutes, then 30 minutes of zone 2
Wealth	Review one note or deal before lunch
Family	Phones away at dinner
Business	One hour on the thing that grows revenue
Top priorities	Close the land deal · Send Thursday's issue · Date night